Making your way to

A guide for transition program students
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New Student Orientation

Introduction

New Student Orientation is your introduction to becoming a student and community member at Landmark College. We have planned a program that will do three things:

- Give you a chance to meet and make connections with your fellow classmates.
- Help you acclimate to your new living & learning environment by giving you time to settle into your residence hall and get to know your way around campus.
- Help you prepare for the first week of your academic program by introducing you to the program and some of the services available to you as a student.

Registration & Orientation Schedule

**Sunday, July 18, 2010**

10:00 am - 12:00 pm  Registration for Transitions to College students will be held in the Strauch Student Center Atrium. After completing registration, students will move into their housing assignments in Middle Hall. (See campus map for details.)

10:30 am - 1:00 pm  Brunch

1:00 p.m. – 5:00 p.m.  Transitions to College Program Orientation (for students).

1:00 p.m. – 3:00 p.m.  Parent & Family Sessions

5:30p.m. – 6:30p.m.  Dinner

7:00p.m. – 8:00p.m.  Floor Meetings
The Academic Program

Session Overview

Students in the Transitions Program take the same three courses and series of workshops, which are intended to introduce them to college-level work and to the learning strategies required to meet college-level expectations. Together, these courses and workshops are designed to help students:

- Discover strategies for working with the different types of teaching styles and formats they will experience in college
- Become familiar with the requirements for academic writing, including structure and organization, diction and mechanics
- Practice process strategies for approaching academic writing tasks
- Review and practice the study skills essential for success in introductory college courses, including note-taking, active reading, test-preparation and time-management
- Explore the nature of learning disabilities in general, including the neurological basis of learning disabilities and AD/HD, and the public laws that cover learning disabilities at the postsecondary level
- Discover personal learning strengths and difficulties as the basis for strategy development, self-advocacy, and the use of college resources
- Create a plan of action to support the transition to college

Summer 2010: Required Courses and Workshops

I. College Lecture in Cognitive Psychology
This course will cover two weeks of a typical, introductory college course in Cognitive Psychology. Topics to be addressed in the course will include the neural bases of cognition, perception, attention, and memory. Students will learn discipline-specific terminology, examine both classic and current issues in human cognition, and apply concepts to their own cognitive processes and learning styles. In addition, students will be introduced to the challenges of adapting to a lecture teaching style and handling a college-level reading load. They will have the opportunity to prepare for and take a unit exam, and then analyze their performance to identify areas of strength and relative weakness. This class is linked directly to the course in reading and study skills.

II. Course in Reading and Study Skills
This course focuses on the study skills and active reading strategies that college-level content work requires, and on helping students develop individual strategies for mastering the material in college-level courses. Particular attention is paid to materials organization using Landmark’s Master Notebook system, active-reading strategies, note-taking strategies and test preparation. The course incorporates a post-test analysis of performance on the college content course unit test designed to help students identify essential strategies for the future.

III. Course in College Writing
A major focus of the course in college writing is for students to develop an individual sense of their strengths and difficulties as writers. Students will draw upon information covered in the college lecture and workshops in cognition and learning differences. They will explore standard ways of organizing college-level, academic papers and experiment with writing-process strategies in the areas of generating, organizing, summarizing, analyzing, synthesizing, drafting, and editing. Students will also develop their own approaches to writing as a process.
Workshops in Cognition and Learning Differences
This series of workshops will introduce key content and activities related to learning disabilities, assistive technology, AD/HD, the neurological basis of learning differences, and the laws related to LD and AD/HD in college settings. The workshops maintain an overall focus on the development of self-understanding and self-advocacy.

Drake Center for Academic Support (DCAS)
Advising and academic support will be available to students through the Drake Center for Academic Support (DCAS). Students can drop by or make appointments with faculty at the center. The DCAS offers support for skills development and practice, often using the student’s coursework. The center is staffed by Landmark College faculty and offers support in the following areas:

- **Writing** - Faculty support students in developing their writing at the sentence, paragraph, and essay level. Students can also work to develop their writing process, including generating ideas, organization of essays, revising and editing.

- **Reading and Study Skills** - Faculty provide support and instruction in a wide range of skills areas including reading strategies, comprehension, test preparation, note-taking, organization of time, time management and management of materials and information.

- **Advising** - Faculty provide students with assistance in accessing appropriate support services, setting short-term and long-term goals, navigating administrative processes, understanding college policy and procedure, and forming strategies to improve class performance.

Library and Information Technology Services (ITS)

**Library**
The library is a center of academic support for research skills and assignments. Research assistance is available by appointment or on a drop-in basis. Library staff members are also available to help students use the library's public computers for academic work.

In addition to research support, the Library also offers quiet individual and group study space. The Library is fully equipped, with access to a large selection of current periodicals, computers, video and DVD players, and comfortable seating. Our book, video, and DVD collection not only supports academic needs, but recreational interests as well.

The Transitions to College Summer Session also offers students the opportunity to visit the Learning Disabilities and AD/HD Research Collection on the Library's first floor. It houses one of the country's largest collections of books and videos on learning differences.

The Library is open 8 a.m. to midnight Mondays - Thursdays; 8 a.m. - 5 p.m. Fridays; noon - 5 p.m. Saturdays; and Noon - Midnight Sundays.

**Information Technology Services (ITS)**
Computers are available for coursework in the Landmark College Library, on the main floor and in the basement. These computers offer Internet access, scanners, and software including: Microsoft Office®, Inspiration®, Kurzweil®, and Photoshop®. Students will have access to printers in the Library from these systems. Students who bring their own computers (with an Ethernet connection and cable) will be granted Internet access through the College’s network.
Tech Support

If you are having trouble with printing, scanning, or internet access on any of the public computers, please contact the Tech Support Center located on the second floor of the Library.

Living on Campus

Connection. That is one of the words that define the campus experience at Landmark College. Students will be connected with an exceptional faculty and curriculum, exciting and engaging social, physical and intellectual activities, and fascinating students. We also understand how connecting all of these experiences together can enhance your experience. That connection starts in the residence halls, where your living experience will be supported and supervised by a Resident Dean; experienced staff who live in the halls and work with the academic program to help you connect the decisions you make on campus to your achievement in the classroom. Your residence hall is more than just a place to sleep and do your homework. It is where the friendships start and connectedness to the rest you your Landmark experience begins.

When does the learning experience stop? At Landmark College, we think the answer to that question is NEVER! In everything you do there is always an opportunity to learn in different and unconventional ways. Whether it is learning a new sport, talking about something that is interesting to you, or making new friendships, we’ll show you how your everyday activities can be turned into learning experiences.

The classes that you will be taking are only the start of your learning experience at Landmark College. At Landmark, we believe that your entire environment should be focused on challenge, learning, scholarship, and fellowship in one way or another. During your summer session you will have other opportunities to exercise your mind, your body, and your spirit through many of the programs and activities that are sponsored by the College. Every day, there will be something active, interesting, and exciting to choose from.

Residence Hall Staff

Residence halls are staffed with teams of Resident Directors (RD’s) and Resident Assistants (RA’s). The residence hall staff is responsible for maintaining a safe and secure living environment for students living on campus. RD’s and RA’s are part of the daily support and supervision, and are an excellent resource for students who have questions or need advice.

Resident Deans are professional staff members who are responsible for life in your residence hall. They directly supervise the RAs, are available to students to address a wide range of needs and are a good resource for students to use when they need to discuss important issues or concerns.

Resident Assistants (RAs) are para-professionals who live on campus and work in the halls. They will provide direct support and supervision to program participants outside of the classroom. They are great resources for questions about life on campus, as well as about important policies and procedures.

The Residence Halls

All students in the Transition to College Program at Landmark College will be housed in double-occupancy rooms in Middle Hall. The residence halls are single sex by wing with separate community restrooms and showers for men and women. The residence hall has its own social lounge and residential staff office, where the RDs and RAs perform duty coverage each night.

Please note: each residence hall room is equipped with a telephone jack, but no telephone.
Non-Smoking Living Environments
Residence halls (as well as all campus buildings) are non-smoking environments. Smoking is also prohibited within a 25 foot perimeter of each campus building.

Roommate Assignments
In this package, you will find a Housing Preference Form. The information you provide on this form will help us identify a roommate that most closely matches your lifestyle and living habits. Please be as specific as possible when filling out this form, as it will improve the likelihood of finding a compatible roommate.

Damage Deposit
All students will be required to submit a $75 damage deposit prior to moving into the residence hall. This deposit will be returned pending a satisfactory check-out of the room following the program end.

Your Room & What you should bring

Each student is provided with these basics:
- A bed & extra long, 80-inch mattress
- Chest of drawers
- Wardrobe or closet
- Desk, and desk chair
- One overhead light.
- All residence hall rooms have wall-to-wall carpets. (Single Room sizes are 8x10)
- Each room has windows with blinds

You will need to provide your own:
- Alarm clock (pick a good one!)
- Pillows, sheets (for extra long, 80 inch mattress), blanket and/or comforter
- Towels & toiletries (shampoo, soap, razors, deodorant, etc.)
- Fan
- Wastebasket
- Clothes hangers
- Telephone (these can be purchased at the Bookstore on campus)

You may wish to bring:
- Stereo or radio with headset
- Small television with headset
- Study lamp
- Extension cords (but only with a surge-protector built-in)
- Laptop computer (preferably with an Ethernet connection and cable for Internet access). The College is not able to provide technical support on personally-owned computers.
- A USB flash drive (this will aid in the use of public computers and printing)
- Shower shoes
• shower tote
• small refrigerator

**Things you can’t have in the residence halls:**

• No open flames or heating coils. This includes candles, incense, toaster ovens, lanterns and space heaters.
• Alcohol, alcohol containers, illicit drugs, or drug-use paraphernalia
• Explosives, firearms, firecrackers, weapons.
• No decorations that hang from the ceiling of your residence hall room.
• No pets
• No wooden constructions (lofts) or over-stuffed furniture that has not been pre-approved by the college.

The College reserves the right to have a student remove an item, not on the list, that is deemed a fire or safety concern. If you are unsure about an item, call the Student Affairs Office at (802-387-6714 **BEFORE** you pack it.

Finally, when you are packing, remember you will be residing at Landmark College for only about two weeks so pack wisely. All of your belongings must be able to fit on your side of the room. Also, the college cannot be held liable for any lost or stolen items, so use your discretion when you decide what to bring. If you are bringing valuables on campus, make sure they are covered under your parents’ homeowner’s policy, or you may want to purchase renter’s insurance.

**Athletics & Adventure Education**

Ever been part of a team? If you have, then you’ll know how great it feels (win or lose) when you are in a group that is working together. If you have not been part of a team before, then we still hope you’ll take advantage of the intramural team sports that we’ll have available this summer.

Are you more into individual challenges? Then our indoor rock wall may be for you! As part of our Adventure Education department, you can develop the skills to master 30 feet of our multi-lane rock wall, with routes for the beginner to the experienced. Don’t worry…even though you’re up there alone, there will be people on the ground supporting, guiding and cheering for you.

Meeting your physical needs helps you be a better student. The Landmark Campus is well equipped to meet much of the athletic and activity needs you’re likely to have (and may get you hooked on a new one). Whether it is an intramural basketball or soccer game, a trip to the indoor rock wall or outdoor ropes course, or just some time to yourself in one of the fitness rooms, our programs and facilities are designed to keep you active and challenge the limits of what you think you can achieve.

**Activities**

Take a look around….that’s the theme we’re trying to get across in taking advantage of your campus experience. This theme holds true off campus as well. The environment of southern Vermont and New England has a wide range of interesting sites and destinations. You may want to use our off-campus shuttle service to take in a movie or some shopping during the week, or participate in some of our larger trips on the weekend (like to local theme parks). You may also want to explore the back roads of the region on your own time as well, and our staff can help you find what you are looking for.

Finally, there will be time that you just want to spend with your classmates and new friends. Together, you can take advantage of our offerings of on-campus social programs and off-campus
excursions. Whether it is taking in a movie on campus, attending a coffeehouse or taking the shuttle to the local communities for shopping, dining or sight-seeing, there will be a number of opportunities to take advantage of much of what the surrounding communities have to offer.

However great our programs and staff are, it is a long proven fact that the most important experience for them at Landmark College is the friendships they are able to create while they are here. When students leave, they leave with strong bonds to peers who understand better than anyone else what it is like to have great minds that learn in different ways.

**Residential Activities:** Monday through Thursday nights the residential staff will be hosting eight transitional activities. Activities will range from extracurricular activities, daily organization, living with a roommate, laundry 101, and social activities. Students are asked to participate in at least three out of the eight sessions. On the weekends there will be additional social and adventure activities such as Six Flags and hiking.

**Dining Facilities**
All students in the Transitions program at Landmark College will be having their meals in the dining hall, which is located on the upper campus on the ground floor of Middle Hall.

**Counseling Services**

Students in the Transitions to College Program may access a Mental Health Professional if needed.

If you would like to meet with a counselor and it is not an emergency, you may stop by the Health Center (2nd floor of the Strauch Family Student Center) Monday – Friday between 9:00 a.m. and 4:00 p.m. or you may call extension 1636 during regular business hours.

**In the event of a mental health emergency, please contact your Resident Dean, the Resident Dean on Duty or Campus Security. They can assist you in accessing the appropriate resources on or off campus.**

In life threatening emergencies, students may call 911 from any campus phone

**Confidentiality**

The Counseling Center is a safe place for students. Students, 18 years of age and older, who visit have the right to confidentiality. What is discussed with a counselor will stay within the Counseling Center, unless:

- you give us written permission to do otherwise
- you are a danger to self or others
- we are specifically required by law (as in cases involving child abuse or if we are ordered by the court)

**Health Services**

Students in the Transitions to College Summer Session may access Health Services if needed. The phone number for Health Services is (802) 387-6753.

The Health Center (located on the 2nd floor of the Strauch Family Student Center) is staffed by the Director of Health Services, Simonne Holton, Family Nurse Practitioner and Liz Cooper, LPN. The Health Center is open Monday through Friday according to posted hours. After hours, evening and
weekend coverage is provided by on-call physicians at Brattleboro Primary Care. If medical services are required after hours, students should contact their Resident Dean or the Resident Dean on Duty for assistance in contacting the on-call physicians.

Health Services provides a wide array of services to students. Some of these services include: diagnosing and treating acute illnesses and injuries, managing chronic medical conditions, prescribing medications and other treatments, providing health counseling and referring to community agencies and resources.

Health Services provides confidentially to all students. Medical records are kept separate from academic records and can only be shared if:

- you give us written permission to do otherwise
- you are a danger to self or others

**Remember to plan ahead if you are taking medication regularly**

Students will be responsible for self-administering and the safe keeping of their medications. Bring only enough medication to last for your 2 week stay. Keep it in the original bottles that identify the prescribing physician, the name of the medication, the dosage and the frequency of administration.

Health Services can be reached at 802-387-6753.

**Cars on Campus**

Landmark College recognizes that many students want and need on-campus access to a car (or motorcycle) for personal use and offers parking privileges to all students. The College is also responsible for the safety of students, faculty, staff and visitors. To facilitate vehicle use by students and assure safety, the College has established vehicle regulations that are published in the Student Handbook.

All vehicles (including motorcycles, ATV, and snowmobiles) on Landmark College property must be registered with the Department of Safety & Security within 24 hours of the vehicles’ arrival on campus.

If you bring your car to campus, vehicle registration forms are available at the Office of Safety & Security (Davis Hall, ext. 6899), the Office of Student Life (Strauch Family Student Center), or the Business Office (Administration Building). Completed forms, accompanied by copies of the valid state registration, valid insurance, and valid operator license, should be submitted to the Department of Safety & Security.

After submitting completed forms, you will receive a parking permit to affix to your car windshield.
Postal Services

**Letter Mail:** The Resident Staff will distribute your mail on a daily basis.

**Shipping Packages & Trunks:** All packages and other deliveries are held in the business office in the administration building. Expedited packages would include deliveries by UPS, FedEx, etc. Your resident director will receive an e-mail notice when a package arrives.

**It is strongly discouraged to send cash in the mail (checks can be cashed in the Bookstore).**

Your address format for all **letter mail** is:

<table>
<thead>
<tr>
<th>Your Name</th>
<th>Your Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>Transitions to College Program</td>
<td>Transitions to College Program</td>
</tr>
<tr>
<td>Landmark College</td>
<td>Landmark College</td>
</tr>
<tr>
<td>P.O. Box 820</td>
<td>1 River Road South</td>
</tr>
<tr>
<td>Putney, VT 05346</td>
<td>Putney, VT 05346</td>
</tr>
</tbody>
</table>

Your address format for all **expedited deliveries** is:

<table>
<thead>
<tr>
<th>Your Name</th>
<th>Your Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>Transitions to College Program</td>
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<td>Putney, VT 05346</td>
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</tr>
</tbody>
</table>

College Bookstore

The Landmark College Bookstore carries a variety of items, ranging from shampoo and soap to pens and three-ring binders. It also carries a variety of Landmark College warm-ups, caps, and T-shirts.

To purchase items in the store, you may use checks, cash, or credit card (VISA, MASTERCARD, or DISCOVER). The bookstore's phone number is (802) 387-6862.

Banking & Money

There is an ATM machine on the first floor of the Strauch Family Student Center and in the lobby of the dining hall. These machines accept most ATM cards, allowing you to access an account from your hometown. The cost of use is $2.00 per transaction.

Cashing Checks

Landmark students are permitted to cash a check, travelers check, or money order in the College Bookstore. Checks must be from a parent, grandparent, guardian or issued by Landmark College.

Students can cash one check per week, and no check can exceed $200.00. Students must show positive identification, and they are not permitted to cash checks for other students.

A $50.00 service fee will be charged to any student for any check that is returned by the bank for any reason.
Travel & Accommodations

Travel by Car

From NYC and points South:
1. Take I-95 East to New Haven Connecticut.
2. At New Haven, pick up I-91 North
3. Travel north through Massachusetts and into Vermont.

From Boston and points East:
1. Take the Mass Pike or Route 2 to I-91 North
2. Once in Vermont, Take exit #4 (Putney) off I-91 and proceed north on Route 5 for approximately two miles.
3. Go past the center of town and turn right at the Landmark College sign (River Road).

Travel by Air
The most convenient airport is Bradley International Airport in Hartford, Connecticut, about an hour and a half away by car.

Thomas Transportation Inc. provides shuttle service to and from the airport. Call Thomas Transportation at 800-526-8143 for information about rates and schedules. They also have a website at http://www.thomastransportation.com

Travel by Train
Take the Amtrak train to Brattleboro.
Local Accommodations:

Local Hotels & Motels

**Putney Inn**  
Depot Rd., Putney VT  
(802) 387-5517

**Holiday Inn Express**  
100 Chickering Road, Brattleboro, VT  
(802) 257-2400

**Colonial Inn**  
Putney Road (Route 5), Brattleboro, VT  
(802) 257-7733

**Days Inn**  
Putney Rd (Route 5), Brattleboro, VT  
(800) 329-7466

**Latchis Hotel**  
50 Main St., Brattleboro, VT  
(802) 254-6300

**Hampton Inn**  
1378 Putney Road, Brattleboro, VT  
(802) 254-5700

**Ramada Inn**  
1380 Putney Road, Brattleboro, VT  
(802) 254-8701

**Motel 6**  
Route 5, Brattleboro, VT  
(802) 254-6007

**Super 8**  
1043 Putney Rd., Brattleboro, VT  
(802) 254-8889

**Best Western Sovereign Hotel**  
401 Winchester St., Keene, NH  
(603) 357-3038

Bed & Breakfast Inns

**Beckwood Pond Vermont Inn**  
1107 Route 5, Putney, VT 05346  
(802) 254-5900 or (877) 670-5900  
[www.beckwoodpond.com](http://www.beckwoodpond.com)

**The Chesterfield Inn**  
Route 9, West Chesterfield, NH  
(603) 256-3211

**The Crosby House**  
175 Western Avenue, Brattleboro VT  
(802) 257-4914 or (800) 528-1868  
[www.crosbyhouse.com](http://www.crosbyhouse.com)

**40 Putney Road**  
192 Putney Road, Brattleboro, VT  
(802) 254-6268 or (800) 941-2413  
[www.putney.net/40putneyrd/](http://www.putney.net/40putneyrd/)

**Four Columns Inn**  
in the village of Newfane, VT  
(800) 787-6633  
[www.fourcolumnsinn.com](http://www.fourcolumnsinn.com)

**Meadow Lark Inn**  
Off Rte. 9, Orchard St., Brattleboro, VT  
(802) 257-4582. or (800) 616-6359  
[www.meadowlarkinnvt.com](http://www.meadowlarkinnvt.com)  
Includes full breakfast

**Ranney - Crawford House**  
1097 Westminster West Road, Putney, VT.  
(800) 731-5502  
[www.ranney-crawford.com](http://www.ranney-crawford.com)  
Includes full breakfast

**Walpole Inn**  
Walpole, NH  
(603) 756-3320  
[www.walpoleinn.com](http://www.walpoleinn.com)  
Includes full breakfast